



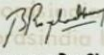
India
Book of Records
Extraordinary feats... Extraordinary people

CERTIFICATE

LONGEST DURATION TO HOLD PADMA PARVATASANA

The record for being in the Padma Parvatasana yoga pose (lotus mountain pose) for the longest duration was set by Abhisikta Das (born on November 19, 1999) of Paschim Bardhaman, West Bengal. She held herself in the Padma Parvatasana yoga pose for 31 minutes and 37 seconds, as confirmed on July 13, 2021.

Date: July 24, 2021.


Dr. Biswaroop Roy Chowdhury
Chief Editor
India Book of Records

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India Book of Records is affiliated to Asia Book of Records and follows Asian Protocol of Records (APRs) as per the consensus arrived at the meeting of the Chief Editors of National Record Books, Ho Chi Minh City, Vietnam.

RECORD HOLDING

1. Indian Book of Record Holder
2. Asia Book of Record Holder

2ND ALL INDIA OPEN YOGA CHAMPIONSHIP 2019

Organised by: **STAYFIT** (Regd. No. S/99969)

Co-organiser:

SAHAPUR MAITRI SANGHA

In association with

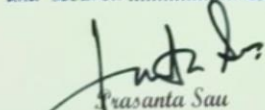
BENGAL YOGA JUDGES ASSOCIATION (GOVT. REGD.)
ANUVRAT JEEVAN VIGYAN ACADEMY (GOVT. REGD.)

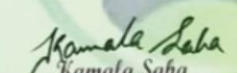
Venue: **SAHAPURE MAITRI SANGHA, (New Alipore, Kolkata-38)**

Date: 28th & 29th December, 2019

Certificate of Merit

This is to certify that Master / Mr. / Mrs. / Miss Abhishek Das of
..... has participated
in the ~~2nd~~ All India Open Yoga Championship 2019 as participant in group 15-20 (2016)
and secured 1st Position.


Prasanta Sau
President
STAYFIT


Kamala Saha
President
Bengal Yoga Judges Association


Prakash Chandra Nahar
President
Jeevan Vigyan Academy, Kolkata



Burdwan District Yoga Culture Association

Affiliated to:

West Bengal State Yoga Culture Association

Recognised by:

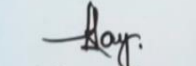
All India Yoga Culture Federation


(Under the Guidance of 'AYUSH', Deptt. of Health & Family Welfare, Govt. of India)

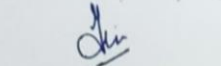
Certificate of Honour

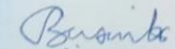
This is to Certify that

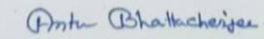
Abhishek Das
of Paradise Sporting Club has
Seemed First in the 10-15 age at the Asansole
Burdwan District Yogasana Championship held at
Khelar Saathi on 4th Sept 2011


Swapan Roy
Hon'ble Working President
WBSYCA
Hon'ble Chairman BDYCA


Amar Nath Chatterjee
Deputy Mayor, Asansol
Municipal Corporation
Hon'ble President BDYCA


Tapan Kumar Das
Hon'ble General Secretary
BDYCA


Prasanta
Chief Judge
A.I.Y.C.F.


Ananta Bhattacharjee
Secretary
Org. Committee

ASANSOL KHELAR SAATHI
Regd. No.: S/11/42361 of 2006-2007
Aradanga, Asansol - 713302



22nd ALL INDIA INTER SCHOOL & CLUB YOGA CHAMPIONSHIP 2018



Organised by : **Ranchi Yoga Culture**, Lalpur Chowk, Ranchi - 1, Jharkhand
 Co-operated by : **World Yoga Society**, Kolkata
 Venue : **Yogoda Satsang Society of India**, Chutia, Ranchi, Jharkhand

Certificate of Merit

This is to certify that
 Mr./Ms. Abhishekta Das of
West Bengal has secured
 place in the Yog Saundrya group at AIISCYC organised by Ranchi
 Yoga Culture, Lalpur, Ranchi held on 28th & 29th of April 2018

Indrajit Chakraborty
 Hony. Secretary

N.K.M.S.
 World Yoga Society
 Chief Judge

B.C. Deogharia/R. Das Mrs. *Shefali Chakraborty*
 w. Presidents

Courtesy by **EAST POINT SCHOOL**
 Lalpur, Ranchi



2ND ALL INDIA OPEN YOGA CHAMPIONSHIP 2019

ORGANISED BY

YOGA ERA

Co-Organised By

SWATI YOGA & FIT POINT

Certificate of Merit

Name Abhishekta Das P. S. C.
 has Participated and placed 2nd Gr - D - Girl
 2nd. All India Open Yoga Championship 2019 held on 21st. & 22nd. December, 2019
 at Konnagar Kalitala Sports Ground, Near Sakuntala Kalimandir, Konnagar,
 Hooghly, W.B.

Laxmi Ratan Shukla
 Chief Guest
 Honourable Minister, Govt. of W.B.
 Sports & Youth Affairs

Prabir Ghosal
 Chief Advisor
 Honourable MLA,
 Uttarpara Assembly

Manas Kumar Roy
 Special Guest
 Social Worker & Executive Committee Member
 East Bengal Club

Mr. Sambhu Adhitya
 Chief Judge
 Founder Secretary
 U Yoga Academy

Ms. Swati Guin
 Founder Secretary

Mr. Gouranga Sarkar
 Founder Secretary

Bharat Kala Kendra

INDIA

Registered By Govt. Act of 2006 No. - 514/98327
www.bharatkalakendra.com
e-mail : bharatkalakendra@rediffmail.com
FOR FUNCTIONING ALL OVER INDIA

Approved by International Organization for Standardization (ISO) 9001 : 2015
Equivalent to the Certificate of Indira Kala Sangeet Vishwavidyalaya, Kharairagarh, Chattisgarh
and Raja Man Singh Tomar Music & Art University, Gwalior, Madhya Pradesh

Vocal Music / Dance / Instrument / Painting / Recitation / Yogason

S/L. No.190.207472

Roll No.19192412057

This is to certify that

ABHISIKTA DAS

Son / Daughter/Wife of

SHIPRA DAS

appeared from

RANIGANJ PARADISE SPORTING CLUB

Centre of

RANIGANJ, WEST BURDWAN

& has passed the

SIXTH

year in the Annual

Examination from the

Bharat Kala Kendra

held in the year

2018 - 2019

and that

he / she has placed in

First Division

with Distinction in

Theory/Practical

He / She was Examined in **YOGASON**

Mohit Chatterjee

Dr. Mohit Chatterjee
President

Bharat Kala Kendra

08-11-2019

Prabir Bose

Mr. Prabir Bose
Registrar

Bharat Kala Kendra

H. D. Hazra

Mr. D.L. Hazra
H.O.D

Bharat Kala Kendra

YOGA EXAMINATION

I have got first position in Yogasana Theory and Practical in the year 2018-19 and successfully completed My 6th year from Bharat Kala Kendra.

GSKAB
9TH ASSOCIATION CUP
KARATE-DO
CHAMPIONSHIP 2021



Organised by :

GLOBAL SHOTOKAN KARATE - DO ASSOCIATION OF BENGAL

Supported By : GLOBAL SHOTOKAN KARATE-DO ASSOCIATION OF MURSHIDABAD

Member : **GLOBAL SHOTOKAN KARATE - DO ASSOCIATION OF INDIA**

MEMBER KARATE-DO ASSOCIATION OF BENGAL (KAB), KARATE INDIA ORGANIZATION (KIO)

(K.A.B.) Recognised by : **BENGAL OLYMPIC ASSOCIATION**

KIO MEMBER OF WKF, AKF, SAKF & CKF.

WKF Recognized by : International Olympic Committee (IOC)



Certificate Of Merit

This is to Certify that Mr. / Mrs. Janu Shaw
of Birlehun District Have Participated in the 9th ALL BENGAL
GLOBAL SHOTOKAN KARATE CHAMPIONSHIP Held at Maiman Nesha Manch,
Domkal, Murshidabad District on 26th September, 2021 And was Placed First /
Second / Third in the Individual / Team, Kumite / Kata Event For Boys / Girl in SUB
JUNIOR / CADET / JUNIOR / SENIOR Above 18 yrs Age / Weight Category.

Mr Dilip Yadav
President (GSKAI)
Secretary W.B. State Council
for School Games & Sports
Vice President (SGFI)

Chief Technical Director
SHIHAN TARAK NATH SARDAR
Chief Instructor & Examine (GSKAI)
Black Belt 6th Dan (JAPAN)
Referee - Karate India Organization (KIO)
Judge - Asian Karate-do Federation (AKF)
Secretary : Referee Commission (KAB)

Chief Organizer
Sensei Mahatab Shaikh
3rd Dan Black Belt
Chief Instructor Murshidabad District (GSKAB)
National Judge : GSKAI

WORLD

Reg. by Govt. of India#4572340/2020-21

Magic Book of Record[®]

Presents

BEST ACHIEVER'S AWARD - 2021



A PLATFORM TO LET
YOUR DREAMS FLY
HIGH BEYOND THE SKY

Document of amazing and incredible work



Certificate No. # 3775

This award is presented to

CHIRANTAN PAUL

State of Issue: WEST BENGAL

BEST ARTIST AWARD

IN THE FIELD OF DRAWING ARTIST & WALL PAINTING
IT HAS BEEN RECORDED IN MAGIC BOOK OF RECORD.[®]

Date of Issue:
07-07-2021



Dr. C. P. Yadav
Chairman

INTERNATIONAL AWARDS WINNER



Online
SELECTED STATE YOGA MEET : 2020-21
(West Bengal)

Organized by : **A Group of Junior Yoga Judges**

Pashchim Bardhaman... District Selection Round

Managed by : Om Yoga & Yoga Dance Center & F.N.F Health Club



**Merit
Certificate**
Congratulations

to Dipali Shaw..... in Group C(GIRL'S).. for got ..2nd..
Place & Selected for State Yoga Meet.

Date : 28/11/2020



Supported by : Stayfit & Prasanti
Powered by : Bengal Yoga Judges Associations
Technical Partner by : Rising Yoga & Talent Academy

Prasanta Sau
(President of Stayfit)

Jaydeep Pramanick
(Fonder of R.Y.T.A)

Kamala Saha
(President of B.Y.J.A)

Rakhi Chatterjee
(Int. Yoga Player & Dietician)

(District Convenor)

Sl. No. 047



40th NATIONAL YOGASANA CHAMPIONSHIP 2021-2022

Under The Auspices of

“INDIAN YOGA FEDERATION”

Registration of Societies W.B. Act.-XXVI of 1961 No. SO 034110 of 1981-1982

Regd. Office : 11/2 Roy Para Road, Kolkata - 700 050

25th to 27th March 2022 (Friday to Sunday)

Organised by

YOGA ASSOCIATION OF HARYANA

at

Asha Jyoti Vidyapeeth, Opposite Sec. 65, Sahupura, Main Bypass Road, Faridabad, Haryana

Certificate of Merit

Certified that Shri / Smt. / Kumari Pradipta Mondal
Representing West Bengal
participated in the Age Group of 20-30 (Sr. girls) years and won
2nd Position in the 40th National Yogasana Championship 2021-2022

Brij Bhushan Purohit
President
INDIAN YOGA FEDERATION

Satyavir Dagar
Working President
INDIAN YOGA FEDERATION

Mrinal Chakraborty
Secretary
INDIAN YOGA FEDERATION